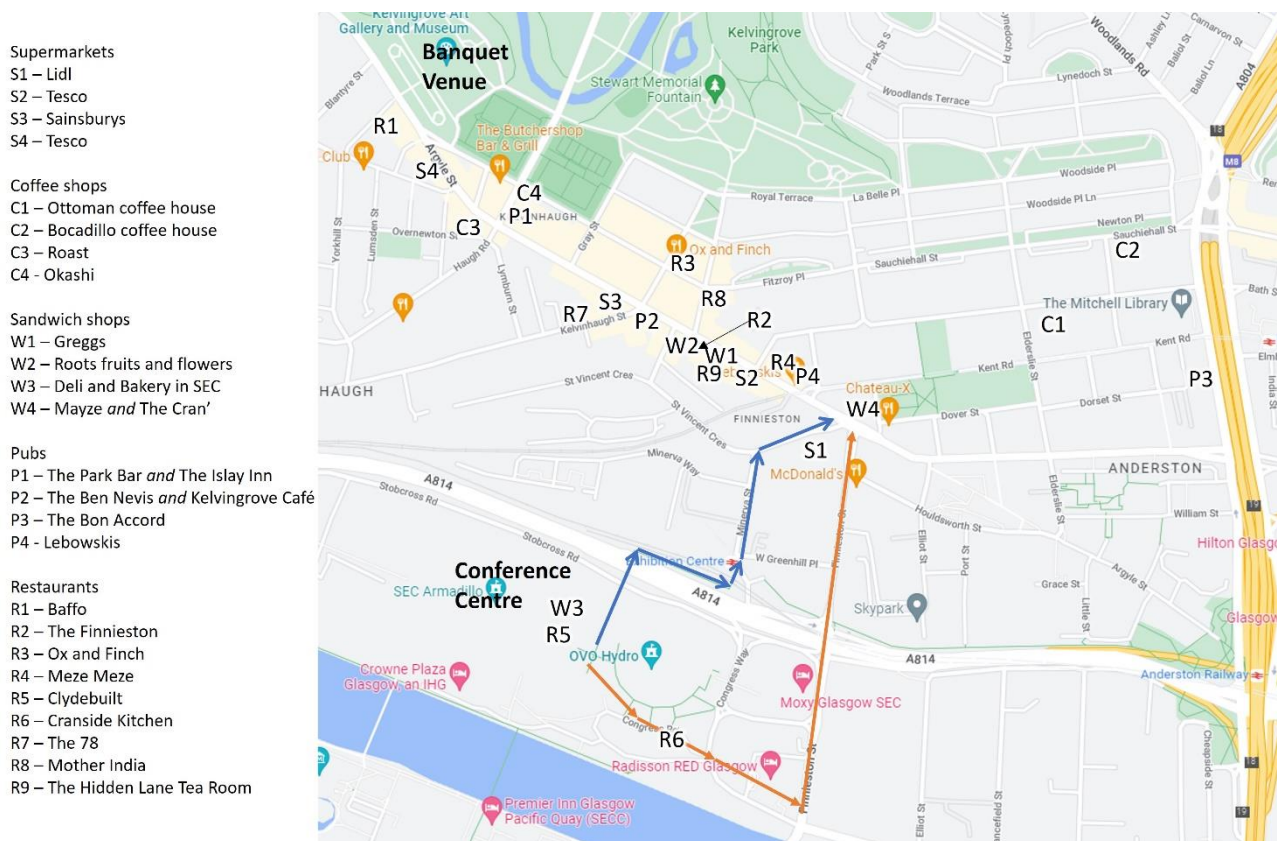


Where to eat and drink around the SEC

There is a café/restaurant within the SEC (Clydebuilt, by the entrance) and many of the hotels on site have places to eat and drink. Apart from Clydebuilt, the closest non-hotel restaurant is Cranside Kitchen (also called the Rotunda). There are many places to eat and drink along Argyle Street, which is a 10-15 min walk north (away from the river), it can be accessed by a covered walkway highlighted in blue on the map, or by walking to Finnieston St and then North to Argyle St (orange line on the map). For eating in the evening, the city centre has loads to choose from around Merchant City, and in the vicinity of the University of Glasgow (see the guide to eating and drinking near the University). One of the restaurants near the University, the Ubiquitous Chip, is one of the few in Glasgow to serve free-range haggis!

Glasgow was ranked in the top 5 most vegetarian friendly cities in the world, and it is more rare than not to find no vegetarian or vegan options. In general Glasgow is very accommodating of dietary requirements including dairy free, gluten free, vegetarian, and vegan, however at some restaurants you need to ask if there are vegetarian options that aren't on the menu.



- Supermarkets
 - S1 – Lidl
 - S2 – Tesco
 - S3 – Sainsburys
 - S4 – Tesco
- Coffee shops
 - C1 – Ottoman coffee house
 - C2 – Bocado coffee house
 - C3 – Roast
 - C4 – Okashi
- Sandwich shops
 - W1 – Greggs
 - W2 – Roots fruits and flowers
 - W3 – Deli and Bakery in SEC
 - W4 – Mayze and The Cran'
- Pubs
 - P1 – The Park Bar and The Islay Inn
 - P2 – The Ben Nevis and Kelvingrove Café
 - P3 – The Bon Accord
 - P4 – Lebowskis
- Restaurants
 - R1 – Baffo
 - R2 – The Finnieston
 - R3 – Ox and Finch
 - R4 – Meze Meze
 - R5 – Clydebuilt
 - R6 – Cranside Kitchen
 - R7 – The 78
 - R8 – Mother India
 - R9 – The Hidden Lane Tea Room

Coffee shops (also serve sandwiches, etc.)				mins*
C1	Ottoman coffee house	Berkeley St	09:00-18:00	16
C2	Bocado coffee house	Sauchiehall St	07:00-15:00	20
C3	Roast	Argyle St	08:00-15:00	16
C4	Okashi	Gray St	11:00-17:00	Closed Monday 14

Supermarkets with ready-made lunch options and general groceries				
S1	Lidl	Finnieston St	08:00-22:00	£ 10
S2	Tesco Express	Argyle St	8:00-24:00	£ <i>The cheapest lunch – meal deal of sandwich, snack, & drink for £3.50</i>
S3	Sainsburys Local	Argyle St	07:00-23:00	£ 12
S4	Tesco Express	Argyle St	08:00-24:00	£ <i>The cheapest lunch – meal deal of sandwich, snack, & drink for £3.50</i>

Sandwich shops (also wraps, salads, soup, coffee)

W1	Greggs	Argyle St	07:00-17:00			12
W2	Roots Fruits and Flowers	Argyle St	8:00-19:00		<i>Bit supermarket, bit bakery/sandwich shop</i>	11
W3	Deli & Bakery in SSE	In SEC Building	?	££		3
W4	Mayze	Argyle St	8:30-17:00 (closed Mon, Tues)	££	<i>Vegan with vegetarian options. Nay (no) meat!</i>	10
	The Cran'	Argyle St	8:30-18:30		<i>Vegetarian</i>	10

Restaurants

R1	Baffo	Argyle St	11:00-22:00	£	<i>Italian (great pizza), closed on Tuesday</i>	20
R2	The Finnieston	Argyle St	12:00-24:00	£££	<i>Seafood</i>	13
R3	Ox and Finch	Sauchiehall St	12:00-01:00	££	<i>Spanish style</i>	13
R4	Meze Meze	Argyle St	13:00-21:00	£	<i>Persian</i>	11
R5	Clydebuilt	In SEC			<i>Various</i>	3
R6	Cranside Kitchen	On the SEC campus	12:00-22:00		<i>Various</i>	5
R7	The 78	Kelvinaugh St	12:00-24:00	££	<i>Vegan pub food</i>	13
R8	Mother India	Kelvingrove St	17:00-21:30	££	<i>Indian, closed Tuesday</i>	12
R9	The Hidden Lane Tea Room	Hidden Lane, Argyle St	10:00-16:30	££	<i>The best tea room! Book ahead for full afternoon tea. Vegan options available</i>	11

Pubs (also serve food)

P1	The Park Bar	Argyle St	12:00-24:00	££	<i>Great traditional Scottish music on Friday nights</i>	14
	Islay Inn	Argyle St	12:00-0:30	££	<i>Traditional Scottish</i>	15
P2	Ben Nevis	Argyle St	12:00-24:00			11
	Kelvingrove Café	Argyle St	10:00-1:00	££	<i>More pub than café</i>	11
P3	The Bon Accord	North St	11:00-23:00	££	<i>500 kinds of whisky</i>	20
P4	Lebowskis	Argyle St	16:00-24:00	££	<i>19 kinds of white Russian</i>	10

Late night drinks

City	Slouch Bar	Bath St	16:00-3:00	££		26
Centre	Blue Dog	W George St	16:00-3:00	£££	<i>Cocktail bar Closed Mon/Tues)</i>	29
	The Howlin' Wolf	Bath St	12:00-3:00	££	<i>Food til 2 am</i>	30

* Approximate walking time from the conference centre

Notes

For restaurants and pubs (for coffee shops/sandwich shops etc. the scale is relative):

£ = £10-15 main course

££ = £15-20 main course

£££ = £30 main course